

**Monday 2/11**



Kindness Chain will be created by students all week. Students will write an act of kindness they witnessed this week on a piece of paper to create a chain for display in the grade level pods

**Kindness to each other:** Students and staff will be given a name tag with the words, "*Hi my name is \_\_\_\_\_. Ask me about \_\_\_\_\_.*" This is done to encourage eye contact and discourse between students and staff. Teachers are free to use the name tags all week but are asked to collect them at the end of the day.

**Tuesday 2/12**



**Kindness to the Community:** Students will participate in an animal shelter drive. More details to come.

**Wednesday 2/13**



**Kindness to Eliot community:** Students will honor important folks in the building that keep Eliot a wonderful place for students and staff

**Thursday 2/14**  
**Wear red day**



**Kindness to the Earth:** Students will be asked to recycle water bottles. They will be collected and displayed so students can see the amount of waste generated in just one day.

**Friday 2/15**



**Kindness to themselves:** Students will participate in a morning meditation at around 8:45 am.